



Proudly presents

BREAKING THE BARRIERS 2015

‘Defeating Depression’



A Mental Health Forum

Saturday March 28th, 2015 from 10am to 1:30pm

At

JC’s Banquet & Grill House

1686 Ellesmere Rd, Scarborough (free parking)

Guest Speaker

Shaun Chen, Chair of the Toronto District School Board

Panel Speakers

Dr. J. Rajendra, Psychiatrist

Dr. Pushpa Kanagaratnam, Ph.D., C.Psych.

Dr. Jonathan Bertram, Addictions Physician

Dr. Jeyasakthy Thayaparan, Internal Medicine

Vaishnavi Nadesu, Psychotherapist

Dr. Ranjith Mahendranathan, Chiropractor

Sponsored By: Scarborough Twilight Rotary Club



Co-Sponsors

Nishanthan Swarnarajah
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Dr. Mahendranathan
Westney Spine Care & Wellness Center

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To register please call: 647 985 7454

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